



CERTIFICATE OF ATTENDANCE

This is to certify that

ALEKSANDRA CARVALHEIRO


has attended the following course

Thomas Myers'

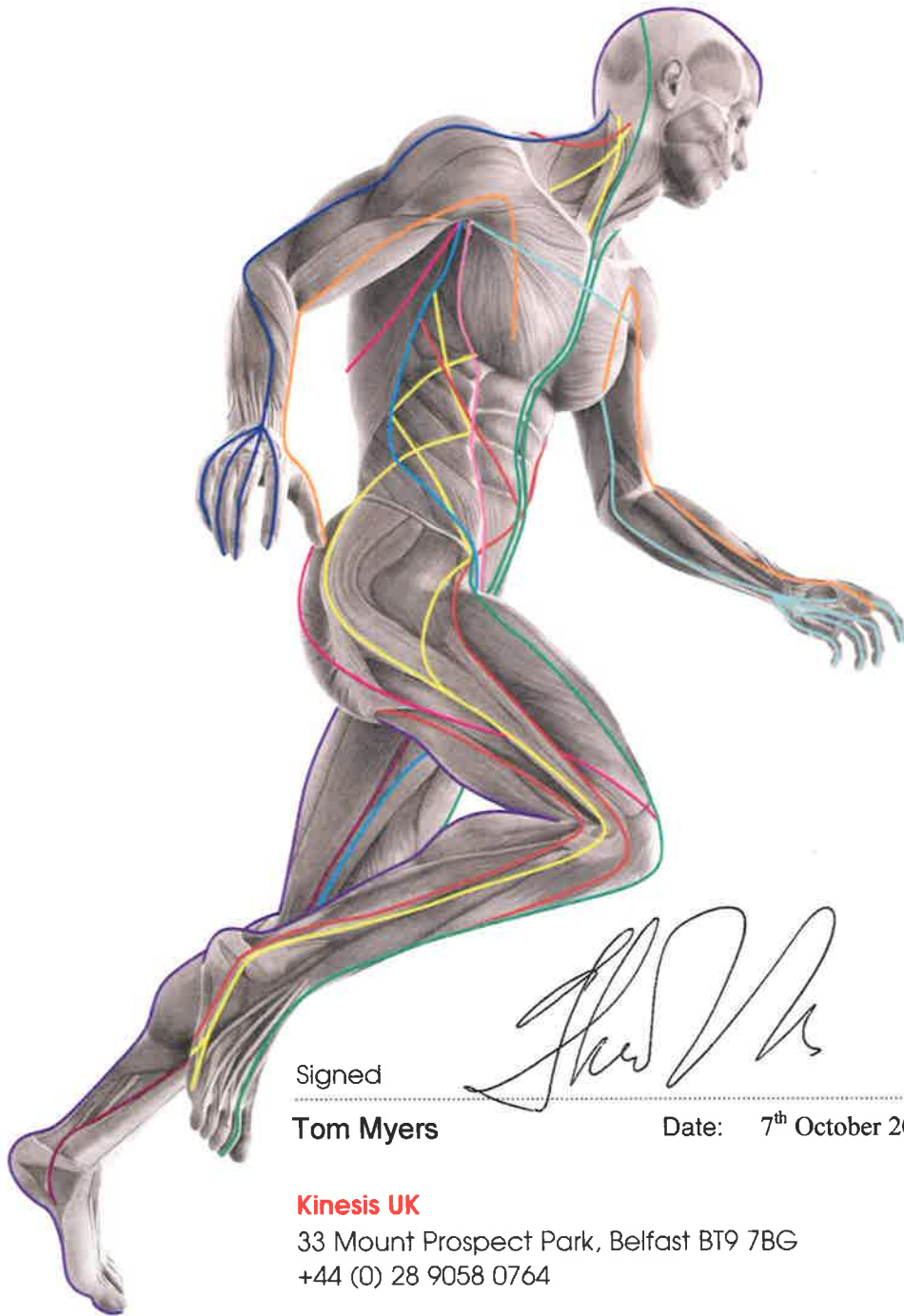
**Structural Essentials:
Head, Neck & Jaw**

With certified teacher of Kinesis:

Owen Lewis
Namaha/Return to Life
Geneva, Switzerland
4th and 5th May 2019
NCBTMB Provider #053663-00
14 In-Class Hours / CE Credits

Signed 
Tom Myers Date: 5th May 2019

Kinesis UK
33 Mount Prospect Park, Belfast BT9 7BG
+44 (0) 28 9058 0764



ANATOMY TRAINS

CERTIFICATE OF ATTENDANCE

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ALEKSANDRA CARVALHEIRO

has attended the following course

Thomas Myers'

Structural Essentials: Arches & Legs

With certified teacher of Kinesis:

Fiona Palmer
Namaha/Return to Life
Geneva, Switzerland
5th – 7th October 2018
NCBTMB Provider #053663-00
21 In-Class Hours / CE Credits

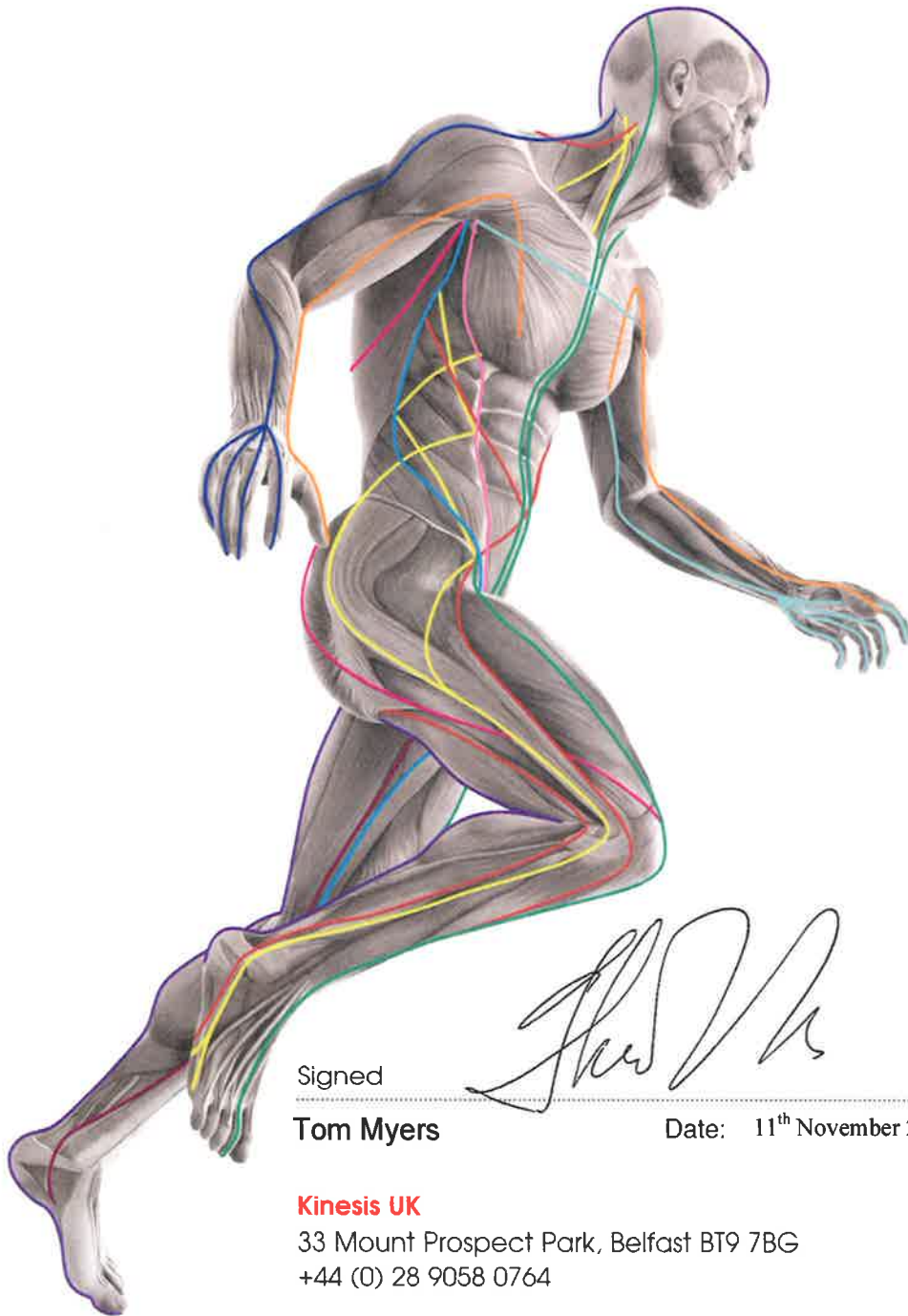
Signed

Tom Myers

Date: 7th October 2018

Kinesis UK

33 Mount Prospect Park, Belfast BT9 7BG
+44 (0) 28 9058 0764



ANATOMY TRAINS

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ALEKSANDRA CARVALHEIRO

has attended the following course

Thomas Myers'

Structural Essentials: Fans of the Hip

With certified teacher of Kinesis:

Owen Lewis
Namaha, Return to Life
Geneva, Switzerland
9th-11th November 2018
NCBTMB Provider #053663-00
18 In-Class Hours / CE Credits

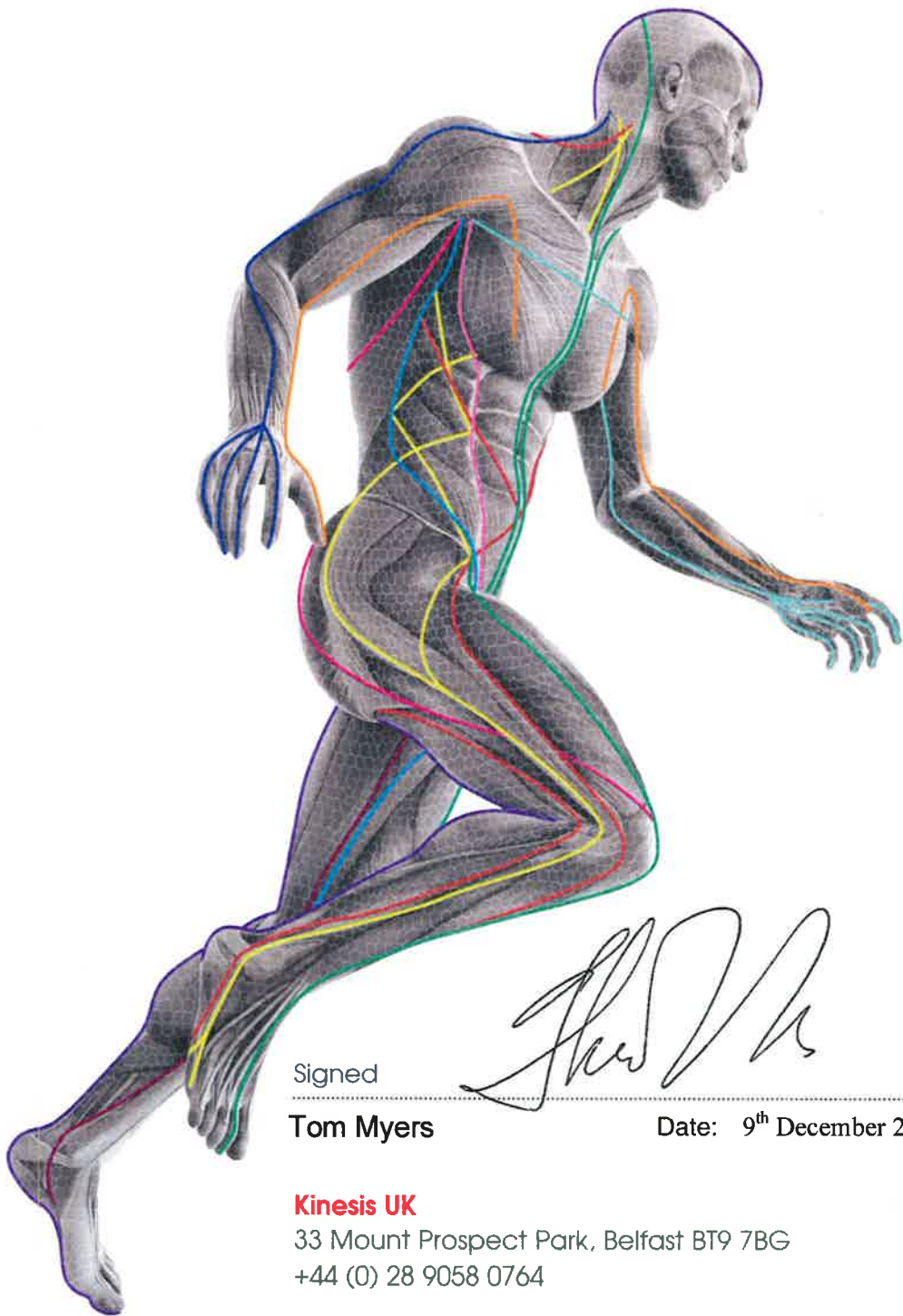
Signed

Tom Myers

Date: 11th November 2018

Kinesis UK

33 Mount Prospect Park, Belfast BT9 7BG
+44 (0) 28 9058 0764



ANATOMY TRAINS

CERTIFICATE OF ATTENDANCE

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ALEKSANDRA CARVALHEIRO

has attended the following course

Thomas Myers'

Structural Essentials: Abdomen, Chest & Breath

With certified teacher of Kinesis:

Owen Lewis
Namaha/Return to Life
Geneva, Switzerland
7th -9th December 2018
NCBTMB Provider #053663-00
18 In-Class Hours / CE Credits

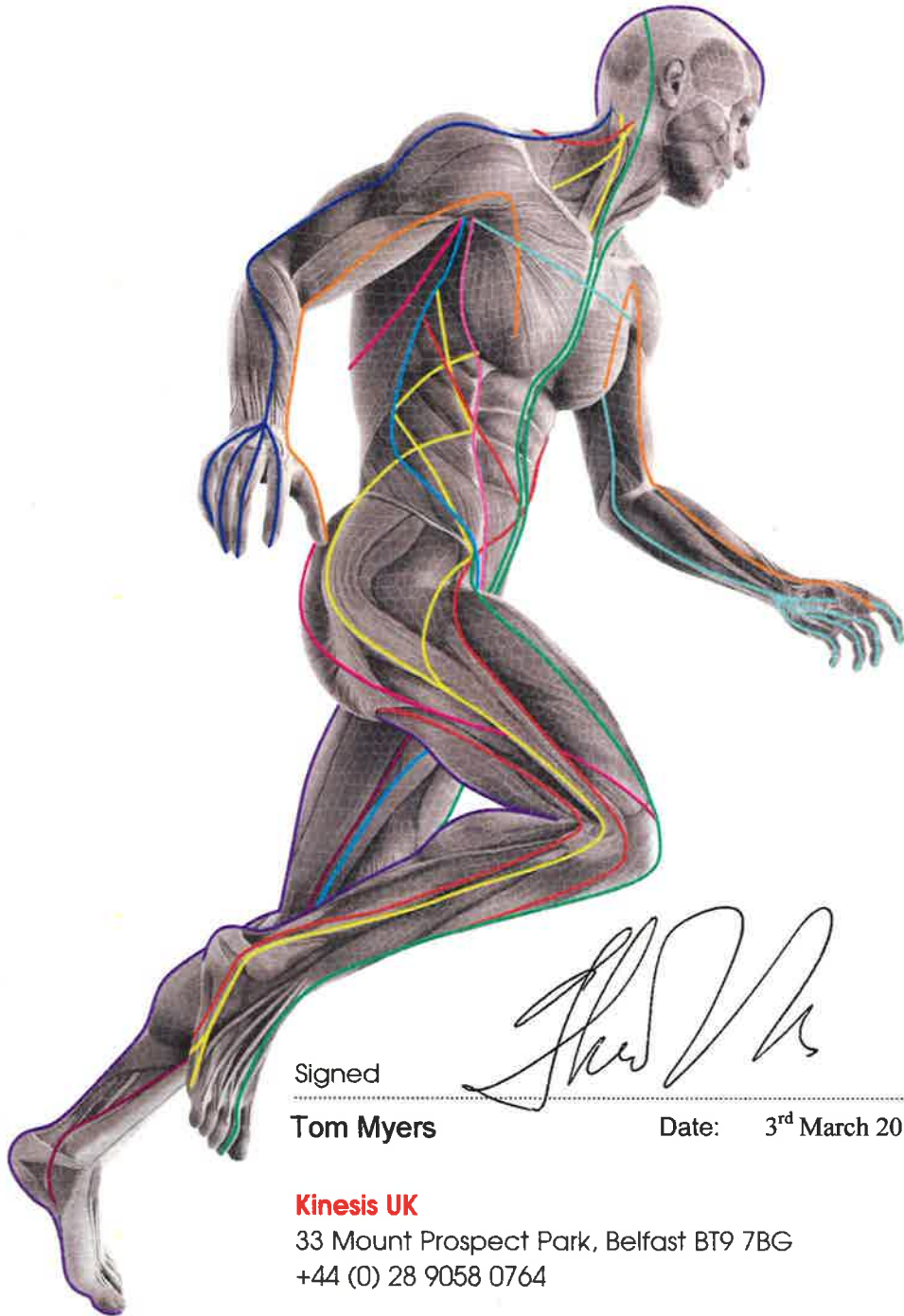
Signed

Tom Myers

Date: 9th December 2018

Kinesis UK

33 Mount Prospect Park, Belfast BT9 7BG
+44 (0) 28 9058 0764



ANATOMY TRAINS

CERTIFICATE OF ATTENDANCE

This is to certify that

ALEKSANDRA CARVALHEIRO

has attended the following course

Thomas Myers'

Structural Essentials: Shoulders & Arms

With certified teacher of Kinesis:

Michael Watson
Namaha/Return to Life
Geneva, Switzerland
2nd & 3rd March 2019
NCBTMB Provider #053663-00
14 In-Class Hours / CE Credits

Signed

Tom Myers

Date: 3rd March 2019

Kinesis UK

33 Mount Prospect Park, Belfast BT9 7BG
+44 (0) 28 9058 0764



ANATOMY®
TRAINS

Certificate of Completion

Presented to

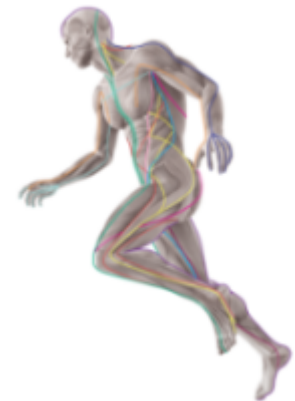
ALEKSANDRA CARVALHEIRO

on **6/26/2020** for the completion of

ATSF Live Online Course Lecture 5: ALs and DFL
"Home Study"

2.0 NCBTMB Provider #53663-00

2.0 NPCP Provider #100097



6/26/2020

Date

Tom Myers



ANATOMY®
TRAINS

Certificate of Completion

Presented to

ALEKSANDRA CARVALHEIRO

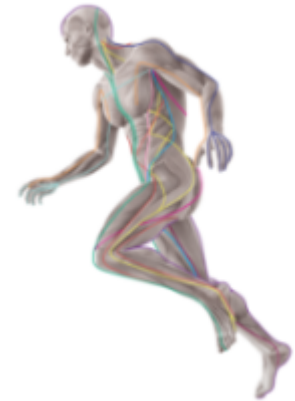
on **9/23/2020** for the completion of

Spiraling into Alignment with Tom Myers "Home Study"

2.5 NCBTMB Provider #53663-00

2.5 NPCP Provider #100097

0.3 NASM Provider #820



9/23/2020

Date

Tom Myers



ANATOMY®
TRAINS

Certificate of Completion

Presented to

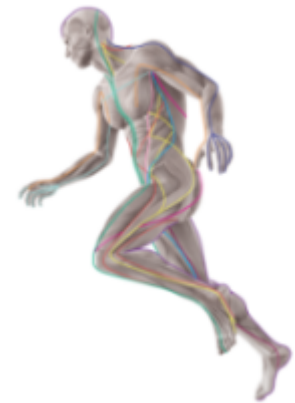
ALEKSANDRA CARVALHEIRO

on **6/26/2020** for the completion of

ATSF Live Online Course Lecture 1: Fascial System
"Home Study"

2.0 NCBTMB Provider #53663-00

2.0 NPCP Provider #100097



6/26/2020

Date

Tom Myers



ANATOMY®
TRAINS

Certificate of Completion

Presented to

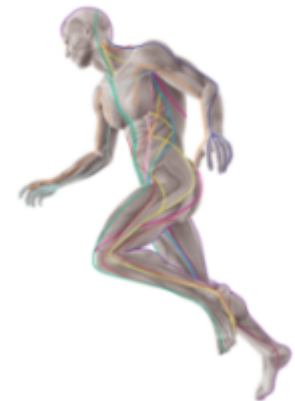
ALEKSANDRA CARVALHEIRO

on **6/26/2020** for the completion of

ATSF Live Online Course Lecture 2: Tensegrity and
BodyReading "Home Study"

2.0 NCBTMB Provider #53663-00

2.0 NPCP Provider #100097



6/26/2020

Date

Tom Myers



ANATOMY®
TRAINS

Certificate of Completion

Presented to

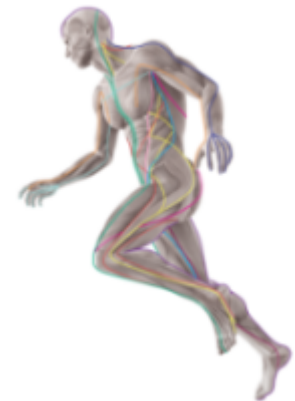
ALEKSANDRA CARVALHEIRO

on **6/26/2020** for the completion of

ATSF Live Online Course Lecture 3: SBL and SFL
"Home Study"

2.0 NCBTMB Provider #53663-00

2.0 NPCP Provider #100097



6/26/2020

Date

Tom Myers



ANATOMY®
TRAINS

Certificate of Completion

Presented to

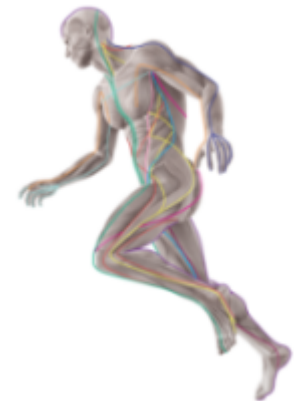
ALEKSANDRA CARVALHEIRO

on **6/26/2020** for the completion of

ATSF Live Online Course Lecture 4: LL and SpL
"Home Study"

2.0 NCBTMB Provider #53663-00

2.0 NPCP Provider #100097



6/26/2020

Date

Tom Myers

Certificate of Attendance

This is to certify that

Aleksandra Carneiro

the following course

Thomas Myers' & James Earls'
Anatomy Trains Structure & Function

With certified teacher of Kinesis:

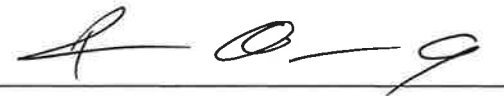
Ari-Pekka Lindberg

8/9 & 22/23rd of October 2017,

Geneve Switzerland

NCBTMB Provider #053663-00

28 In-Class Hours/ CE credits



Ari-Pekka Lindberg

Date: 23rd of October 2016